



805-640-5770

Name_____ **Date**_____

Address_____

City_____ **State**_____ **Zip**_____

Work #_____ **Cell#**_____

E-Mail_____ **Occupation**_____

DOB_____ **Referred By**_____

Circle any that apply:

Pacemaker; Heart Condition/Disease; Cancer; Acute Infectious Disease; Implants; Pins;
Staples; Metal Plates

What is your main complaint or health issues?

Personal History (check all that apply)

Arthritis	Thyroid Problems Hypothyroidism
RA	Hyperthyroidism Headaches Chronic
OA	Tension Migraines
Stroke	
High Cholesterol How High? _____	Cluster
High Blood Pressure How High? _____	Hormonal
Diabetes	Food Allergies
	To What? _____ Seasonal
Metabolic Syndrome	Allergies
Insulin Resistance	To What? _____ Medication
Low Blood Sugar	Allergies
Chronic Fatigue	To What? _____ Sleep Problems
Fibromyalgia	Forgetfulness
Multiple Chemical Sensitivities Infectious	Hot Flashes
Mononucleosis Frequent Colds/Flu	PMS
	Birth Control Pills/ Hormones Weight
Herpes/ HPV	Problems
Cold Sores	Constipation
Cancer	Diarrhea
What type? _____ Chemo?	Abdominal Cramping/ Bloating Yeast
_____ Rads?	Infections
	Low Libido
Steroids?	Ulcers
Surgeries	
What type? _____	

What Medications are you taking?

What supplements are you taking?

Are you:

Under excessive amounts of stress _____ at home _____ at work _____

Physical Stress _____

Mental Stress _____

Exposed to chemicals regularly? _____ Type? _____

_____ Exposed to smoke regularly _____

How often do you have bowel movements? _____ per day/ week/ month

Urinate? _____ per day

How is your dental health? Prone to Cavities? Gum Disease? Bleeding Gums?

Are your nails weak or brittle?

Average Sleep per night? Sleeping issues?

To what extent will you commit to achieving better health?

Little _____ Moderate _____ Major _____ Extreme _____

Is there anything else about either your history or your current condition that you feel is important to mention?



Disclaimer of Liability

Lymphatic Health Institute

Sonia Baker is not a physician or psychologist, and the scope of her services does not include treatment or diagnosis of specific illnesses or disorders. If you, the client, suspect you may have an ailment or illness that may require medical attention, then you are encouraged to consult with a licensed physician without delay. Only a licensed physician can prescribe drugs. Any mention of drugs during consultation is only for providing a complete history of drugs that the client is taking and not to judge the appropriateness of the medication. Any change in prescription or dosage is a decision the client makes with his or her physician. Rather than dealing with treatment of disease, Sonia focuses on wellness and prevention of illness using non-toxic, natural nutritional therapies to achieve optimal health. As a certified clinical lymphatic practitioner/nurse, Sonia educates and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet.

While people generally experience greater health and wellness because of embracing a healthier attitude, lifestyle, and diet, Sonia Baker does not promise or guarantee protection from future illness.

By signing below, you acknowledge that you understand that Sonia Baker is a health consultant and not a physician, and that you should see a doctor if you think you have a medical condition. Sonia Baker will not be held liable for failure to diagnose or treat an illness, nor will she be liable for failure to prevent future illness.

Additionally, you promise to give Sonia Baker a complete and accurate account of any medical conditions that you may have and any medications that you are taking.

Client's Signature _____ Date _____